

AMHERST COUNCIL ON AGING

Fiscal Year 2013

MEMBERSHIP CHANGE

No Changes in FY 13: Dan Clapp, Mary Jane Laus and Barbara Sutherland were reappointed for three-year terms.

FY 13 HIGHLIGHTS

- The senior parking program, a pilot program from August-December 2012, benefitted from many volunteers and regular program participants. As a result of its success the parking program continues. Seniors 65 and older who reside in Amherst can purchase a sticker for \$25 for the calendar year which allows them to park in the Boltwood lot or on one side of the Ann Whalen lot on weekdays between 8 AM and 5 PM for up to four hours. A total of 107 stickers were sold for the 2013 calendar year.
- The Convalescent Equipment Closet, which was renovated in 2012, now has a volunteer Physical Therapist, Jeanne Ammon, who is available and can identify specialty equipment or prescription requirements for special problems. Jeanne can help to fit the items to the elders. A spreadsheet was created to keep track of equipment in short supply.
- New staff member Helen MacMellon joined us as part time Social Worker. Helen is a valuable asset as she assists Maura Plante in the ever-increasing needs of elders in our community. Sandra Beighley also joined us in August as the new Lunch Site Director for the Highland Valley Elder Services lunchtime congregate and meal delivery program.
- The Annual Volunteer Awards Program was held in October. Jack Wollensak and John Magarian were honored as exceptional volunteers. Each received the Eveline Sears Award.
- The Massachusetts Council on Aging held its annual conference in October 2012 in Falmouth. Four members of the Amherst COA were able to attend the educational and inspirational meetings and report back.
- An “At Risk Data Base”, which includes seniors who may need help in the event of a major storm or power outage, was prepared by the staff. The goal is to be able to contact and help elders who may need food, warmth, assistance with medications, social contact or evacuation in an emergency. About 100 people are on the ‘at risk’ list because of health issues, disabilities or advanced age.
- A seven-passenger van was purchased in November. It is used for transporting seniors, picking up supplies, delivering meals, giving emergency rides to elders and transporting small groups to meetings. The van belongs to the Town, has a Town seal on the side and is parked in the Boltwood garage.
- The Long-Range Planning Committee met with Town Manager in September and demonstrated the need for a new senior center or expanded and improved space in Bangs. In months following that meeting, the committee members visited the new Survival Center, the new Holyoke Senior Center, the new Northampton Senior Center and the Chicopee Senior Center. They met with the directors of those facilities to learn about fundraising and the process involved in building a new senior center.
- The Friends of the Amherst Senior Center held the Fourth Annual Amherst Follies, a fundraising variety show, at Buckley Recital Hall on Amherst College campus, raising \$2,300. Other fundraising activities included bake sales, a dinner at Bertucci’s Restaurant and the solicitation envelope that was included in the Town Clerk annual census mailing.

COA member, Joel Gordon, designed and created styluses for iPad and Smart phone users. He donated proceeds of over \$1,000 to the Friends from the sale of the styluses. The Friends raised a total of over \$22,200 for the Amherst Senior Center in FY 13.

- Senior Health Services had insufficient funds to maintain nurse Lisa White's demanding schedule of eleven hours per week at Bangs, Ann Whalen and the Clark House. The anonymous \$10,000 annual donation only covers six hours per week. In order to maintain the high level of service that Lisa provides, the Friends agreed to support her with an additional \$7,500 for the year until grant money can be obtained.
- The Elder Nutrition Program through Highland Valley Elder Services, which has not received an increase in federal funding in over 20 years, continues to leave our lunch site in a precarious financial situation. The meals include congregate dining and noontime meal deliveries to homebound elders. In order to cut costs our drivers have agreed to forgo their gas reimbursement and the lunch site director's hours have been cut.
- Periodic COA Memos have been sent throughout the year to the Town Manager and Select Board members to keep them apprised of the major activities, events and challenges that take place at the Amherst Senior Center.
- New chairs were purchased for the first floor rooms and the Pole Room at Bangs. The flat-seat, straight-back, stackable chairs replace the awkward bucket-seat chairs and cracking chairs. A used piano in excellent condition is another new addition. It is in the Large Activity Room.
- The Computer Room is in great demand for personal use by elders and for computer tutoring. As a result, other activities that were scheduled for the computer room (due to lack of adequate classroom space) ran into conflicts. The weekly Blood Pressure Clinic now takes place in the Garrabrants Room, compromising the schedule of the Massage Clinic.

FY 14 FUTURE PLANS

- The COA remains committed to maintaining home delivery of meals to elders in need, despite financial constraints.
- The COA remains committed to finding on-going financial support for the important work Lisa White provides to the health needs of elders through the Senior Health Services Program.
- The COA will continue to work with and support the Friends of the Amherst Senior Center in their major fundraising event, the Annual Amherst Follies.
- The COA will work with Janet Bunce, member of the Senior Health Advisory Group, in helping to identify seniors who could have their needs met at the proposed Amherst Area Community Health Center on University Drive.
- The COA will look for the financial means to increase the hours of part time Social Worker Helen MacMellon, in order that Helen and Maura Plante can adequately help Town elders as their numbers and needs increase.

- The COA recognizes the need for increased space for Amherst seniors and will work toward enlarging and improving our current space. Plans for a new arrangement design for the lounge will make it more functional and new furniture will make it more inviting.
- The COA will continue to explore possibilities and funding for a plan for a new stand-alone senior center at a site near the town center. The new center would provide adequate and designated space for senior services, programs and classes. It would include space for an exercise equipment room, which would attract the influx of Baby Boomers.
- The COA will continue to work toward incorporating an Adult Social Day Care Program into any new space we might acquire at the Senior Center.

AMHERST SENIOR CENTER

PRINCIPAL GOAL: To run a multi-purpose Senior Center that serves as the community focal point for the provision of services to the elderly. The S. C. works to initiate, facilitate, coordinate, and/or provide those services which in the broadest sense enhance dignity, support independence, maintain health, and promote the involvement of Amherst's elderly in the general community.

THE SENIOR CENTER: A VITAL COMMUNITY RESOURCE

Whether it's simply reading our 16-page bi-monthly newsletter, *THE SENIOR SPIRIT*, or coming in daily for the hot lunch program, Amherst's older residents have come to rely on the Senior Center. Here are examples of some of our program and service offerings in FY13:

CLINICS: weekly foot care and ear irrigation clinics with Sharon, bi-monthly ear irrigation clinics with Dr. Daniel Clapp, weekly massage clinics, weekly blood pressure clinics, flu immunization clinic with Health Department, hearing aid repair, and free consultations two days a week with R.N. Lisa White, psychological counseling, weekly acupuncture clinics and monthly "Tooth Fairy" teeth cleaning clinics with Marcie Foreman.

FITNESS PROGRAMS/CLASSES: Gentle Fitness, Tai Chi, Folkdance, Line dancing, Ballroom dancing, Osteoporosis Progressive Resistance Training Exercise, Function Well, Senior Yoga, Arthritis Foundation Exercise Program, Improving Balance and Mobility with the Alexander Technique, Level One Yoga Mat Classes, Zumba classes. Preventing Falls Among Older Adults Series, Raja Yoga.

ADULT EDUCATION CLASSES, EDUCATIONAL SEMINARS/WORKSHOPS

HEALTH SEMINARS: "Caring for Your Loved Ones", "Outsmarting Arthritis" seminar, "The CDH Traveling Vascular University: A Speedy, But Comprehensive Course", "Palliative Care", "Creating A Personal Health Record" seminar; "Massage Made Simple" Seminar, "How To Eat Right and Maintain a Healthy Weight", "Memory Talk", "Shoulder Pain" seminar with Dr. Jon Fallon, "Making Memories Matter" series, "What is Navicare?"; "Knee Replacement Surgery" with Dr. Dan McBride; "The Alexander Technique for Elders With Limited Ability and Their Caregivers", "Healthy Back, Healthy Life" with Stephen Murphy, "Cooley Dickinson Update with President Craig Melin", "Ticks and Lyme Disease" with Dr. William Swiggard; **FINANCIAL and LEGAL PROGRAMS:** Howard Singer's monthly "Money Talk"; Edward Jones' Financial Seminars; "Taking Control of Your Future:

A Legal Checkup”; Monthly Legal Clinics with Attorney Ed Smith; “Basics of Estate Planning and Elder Law” with Attorney Todd C. Ratner; PEOPLE’S UNITED BANK PERSONAL BANKING SEMINARS: “Keep It Safe”, “To Your Credit”, “Financial Recovery”, “Reverse Mortgages” with Attorney Seunghye Cha, “Long Term Care Costs” with Melodi Foti; WRITING, MUSIC and LITERATURE COURSES: “On Being Ill”—a public reading and writing workshop focused on the experience of illness, aging and caregiving; weekly Memoir Writing workshops, “Fearlessly Confronting the Blank Page” with Alice Shane, *Shakespeare’s* The Two Gentlemen of Verona, *Shakespeare’s* Much Ado About Nothing; *Shakespeare’s* Taming of the Shrew, *Shakespeare’s* Richard II, Gustav Mahler course #1, Gustav Mahler course “Final Symphonies”; Gustav Mahler’s “Enigmatic Middle Symphonies & the Vienna Years”; ART and CRAFTS CLASSES: Landscape & Cityscapes, Back to Basics, Deconstructing Still Life, Drawing People, Return to Still Life, Color Theory, Exploring Collage, Introduction to, or review of, Pen and Ink Techniques, Introduction to or review of Scratch Board, Mixed Media, Perspective, Bigger Than Life—How to Enlarge Things, Basic Watercolor Classes with Carolyn Bruneau; Watercolor painting classes with Carol Cherrington; Paint for Fun weekly oil painting workshops, “The Artists’ Way” classes, Senior Craft Workshops, Woodcarving classes; COSMOLOGY CLASSES: Physics & Its Most Extraordinary Equations: A Series of Non-Mathematical Explanations, The Inflationary Universe Concept; Special and General Relativity; Black Holes; The Development of Quantum Reality, Physics and Its Most Extraordinary Equations: A Series of Non-Mathematical Explanations; OTHER CLASSES and SEMINARS: “How to Research Genealogical Clues Through Our Land Records System”; Beginning Bridge Classes; AARP “You’ve Earned a Say” Community Conversation; AARP Seminar: Drivers Safety Refresher Course; Facebook Basics; Help With Your Cell Phone; How to Install and Use Skype;; Weekly New Options Discussions’; Seminar on “Procedures of Personal Genealogical Research”; Bike Week Clinic; Seminar: Women Reflect on Aging, Death and Caregiving”; Town Manager Speaks and Answers Questions About Town Government; Telling Your Life Story discussions; weekly New Options Discussions; and hundreds of one-on-one computer tutoring lessons.

SOCIAL RECREATION MUSICAL SHOWCASES: Dan Daniels “A Musical Journey 1950-2010”, John Root” Only Yesterday”, Classical Concert with Lisa Woods & Carol Wroblewski & Jerry Noble; John Root’s “Only Yesterday” Concert, Bill Shontz Concert “Music of You Life”—A Lighthearted Journey Down Memory Lane, Dick Partridge playing music by Tommy Dorsey; Spoon River Anthology by Edgar Lee Masters as portrayed by Steve Henderson; Dave Mindell—“The Rockin’ Robin”, “Music is Love” with Dick & Dawn Kelley, Ronald Meck Celtic/Folk Concert, Public Safety Picnic, Thanksgiving Dinner, bridge, scrabble, billiards, Chinese Mahjongg, weekly cribbage classes/games, Mexican Train Dominos; TRIPS: Tall Ships “Opsail 2012”, Day in Hampton Beach, Supper at Brunelle’s Marina & Lady Bea Conn. River Boat Ride, Day on Your Own in Ogunquit Maine, Pickity Place, Bright Nights & Supper at the Salem Cross Inn, New Britain Museum of American Art & Lunch at the Red Lobster; Supper at the Red Rose in Springfield & Pops with the Hartford Symphony; Boston Museum of Fine Arts; “A Prairie Home Companion” at Tanglewood, Isles of Shoals Cruise and Lobster Luncheon, Mystic Seaport, Day in Hampton Beach, Day in Rockport, Eastern States Exposition, Canadian Rockies by Train; SPECIAL EVENTS: Iraqi Student Fundraiser; Annual Volunteer Awards Tea; Thanksgiving Dinner; Annual Holiday Party; Amherst College “Ageless” Singing Suppers, weekly Name That

Tune singing and dancing sessions; Valentines' Day Party, Senior Center Community Tag Sale, Fourth Annual Spring Follies.

SERVICES TO INDIVIDUALS: HVES (Highland Valley Elder Services) Title III Congregate hot lunch program, Meals on Wheels evening hot supper through the University of Massachusetts, HVES Title III Home Delivered hot lunch, AARP Tax Assistance, leaf raking and help with snow/ice removal, personal care/homemaking referral, friendly visitor program, social worker counseling/I+R, Brown Bag monthly groceries through Western Mass. Food Bank, Food Box monthly groceries through Amherst Survival Center, free weekly bread/produce giveaway, fuel assistance, emergency food pantry, volunteer driving to doctor's appointments, SHINE health insurance counseling, tax assistance, Convalescent Loan Closet, Tax Work-Off Plan intake, & placement, subsidized van ticket sales, wellness grants, farmers' market coupon distribution, medical rides and free wheelchair and medical equipment loan closet, and partnership with the SALT Council to provide services such as house numbering, RUOK, File of Life, Drug Take Back Day, SAFE Elder project), Outbooks on Wheels, Salvation Army Office Hours for Emergency Assistance, H.E.L.P. (Hampshire Elder Law Program) assistance, Prescription Pick-Up and Delivery, PVTA ID cards photos, private pay home help I & R, parking sticker program, home safety assessments, Annual Flu Clinics in conjunction with the Amherst Health Department.

PARTICIPATION IN FREE/LOW COST FOOD PROGRAMS

Name of Program	FY09	FY10	FY11	FY12	FY13
Congregate Hot Lunch	5120 (5.6% decrease) If no snow we would have served 95 more or 5215 - a 3.8% decrease	5966 (17% increase)	5804 (2.8% decrease caused by 7 snow days i.e. 150 meals otherwise the program had no measurable change)	5285 (8% decrease. This year we lost a number of daily diners. Seven went into nursing homes or moved and one who died.)	5669
Meals on Wheels (UMass food delivered mid-afternoon)	4324 (9% decrease) If no snow we would have delivered 101 more or 4423 - a 7% decrease	4622 (7% increase) impressive, considering 3 snow days.	4,867 (5.3% increase-- if there had been no snow days the count would have been 5009 meals or a 8.4% increase)	6,074 (19% increase) (More community awareness with discharge planners)	6,068 No change
Home delivered meals (HVES food delivered at 11 AM)	16,061 (4% decrease) If no snow we would have served 103 more, 16,164 - a 3.5% decrease	15,182 (5.5% decrease) due to the weather and grantor's fiscal constraints	13,924 (8.3% decrease) partially due to 4 days of weather issues = 245 meals. (Otherwise 6.7 % decrease)	10,805 (22% decrease) meals for 30 people were suspended or terminated by HVES for various reasons.)	10,231
Brown Bag (Western Mass Food Bank)	1016 No change	1,054 (4% increase)	979 (7.2% decrease)	820 (16% decrease b/c the Western Mass Food Bank is following the income guidelines more closely as food resources are more limited.	862 Food costs have increased and this program provides more food security.

Name of Program	FY09	FY10	FY11	FY12	FY13
Food Box (Survival Center food)	543 (13% increase)	468 (13.9% decrease)	429 (8.4 % decrease)	421 (More seniors are opting to go to the Survival Center where they can be more selective about their food choices.)	468 Food costs have increased and this program provides more food security.
Free Bread & Produce Give-away	2338 (48% decrease) Snow days, less food to give out	2129 (9% decrease BUT #s would have increased if we didn't have to cancel six times.)	2,262 (6.3% increase) The program would have seen a 15.7% increase if we didn't have to cancel 4 weeks due to snow and elections	2007 (11% decrease probably because there is less food to go around. Merchants are trying not to overstock and overbake.)	2403 Food costs have increased and this program provides more food security.
Grocery Pantry Emergency Food Give-away	45 (19% increase)	42 (6.7% decrease)	37 (12% decrease because more people are participating in the weekly free bread and produce program.)	29 (21% decrease in visits b/c more people are going to the Survival Center where there is a larger emergency pantry.)	38 Many seniors live on limited incomes and are having a hard time making their money last through the month.

SENIOR PARKING PROGRAM CONTINUES SUCCESSFULLY

A pilot program from August-December 2012, benefitted many volunteer and regular program participants. As a result of its success the parking program continues. Seniors 65 and older who reside in Amherst can purchase a sticker for \$25 for the calendar year which allows them to park in the Boltwood or Ann Whalen lot on weekdays between 8 AM and 5 PM for up to four hours. A total of 107 stickers were sold for the 2013 calendar year.

PART-TIME SOCIAL WORKER HIRED

We have hired a 15 hr/wk licensed certified Social Worker. She is a valuable asset as she assists our full-time Social Worker with the ever-increasing needs of elders in our community. Funds for this position come partially from the EOEA Formula Grant and partly from Friends monies. We need her to be made **full-time** to manage the burgeoning numbers of seniors with mental health problems /other issues.

NEW VAN

A seven passenger mini-van was purchased in November with Friends monies. It is used for transporting seniors, picking up supplies, delivering meals, giving emergency rides to elders and transporting small groups to meetings. The van technically now belongs to the Town, and has Town seals on the sides.

PREPARING FOR EMERGENCIES

An "At Risk Data Base", which includes seniors who may need help in the event of a major storm or power outage, was prepared by the staff. The goal is to be able to contact and help elders who

may need food, warmth, assistance with medications, social contact or evacuation in an emergency. About 100 people are on the “at risk” list because of health issues, disabilities or advanced age.

SENIOR HEALTH SERVICES UPDATE

Senior Health Services staffed by a registered nurse, provides a variety of health services to community seniors including blood pressure monitoring, blood glucose testing, medication information, weight monitoring, nutrition information, wound and skin assessment, ear and throat inspection and assistance with responding to a variety of health care needs.

The nurse provides a walk-in clinic in the “Bubble” Room at the Bangs Community Center on Mondays and Thursdays, and in addition has provided a weekly community clinic at the Clark House and Ann Whalen Apartments and has made home visits for those in need. In

FY13, 1,269 client contacts were logged for seniors served by the program.

Amherst Senior Center's Senior Health Services program, receives no Town funding. An annual \$10,000 donation from Amherst resident Dorothy Gavin continued to provide the primary funding for the Bangs based twice-weekly clinics over the year, and the program was also supported by Amherst Senior Center Friend's group donations. Donations of new medical supplies are also appreciated, to be used in the clinic or distributed to seniors in need.

Other health services offered at the Senior Center include: fee-for-service ear irrigation and foot care clinics with RNs; weekly therapeutic massage clinics; free twice monthly ear irrigation clinics with volunteer, Dr. Daniel Clapp; and approximately 33 health seminars with local health professionals.

MORE SENIOR HEALTH SERVICES OUTREACH FUNDING NEEDED

Senior Health Services had insufficient funds to maintain the senior center’s nurse in her free outreach clinic work at the two adjacent senior housing complexes and also continue her eight hours a week at the senior center. The senior center hours have been funded for over a decade by a \$10,000 a year community donation. A grant from a local hospital funded the outreach work but that money has run out. Our Friends group voted to pay for the outreach hours as the response has been so huge.

NUTRITION PROGRAM FINANCIAL WORRIES The Elder Nutrition Program through Highland Valley Elder Services, which has not received an increase in Federal funding in over 20 years, continues to leave our lunch site in a precarious financial situation. The meals include congregate dining and noontime meal deliveries to four different routes of homebound elders. All deliveries are made by volunteers, but we pay our lunch site director and a \$.50/mile gas allowance to drivers who really need it so they would be retained. The money we receive from our AAA grant is at the rate of \$1.19 for each home delivered meal and is supposed to cover our expenses. The big variable though, that we have no control over, is who is approved to receive the meal—the numbers of recipients has been reduced steadily to the point that we are going into the red. Several months ago, at the suggesting of our AAA, we switched to delivering two days’ worth of meals on Tuesdays in order to eliminate some gas expense—this has helped a bit. We hated doing that b/c of the well-being check and the loss of contact one day a week with many of these people who are so isolated. In another move, we have had a staffing turnover in the lunch site director and have reduced the pay rate. A big worry is the rising cost of gas in FY14.

PHYSICAL THERAPIST ASSISTS WITH LOAN CLOSET

The Convalescent Equipment Closet, which was renovated in 2012, now has a volunteer Physical Therapist who is available and can identify specialty equipment or prescription requirements for special problems. She can help fit the items to the user. A spreadsheet was created to keep track of equipment in short supply. This program is very popular and much appreciated by area seniors.

“TOOTH FAIRY” DENTAL HYGIENIST

A new health service has been added to our offerings. “The Traveling Tooth Fairy”, Marcie Foreman, provides reduced fee cleaning here at our senior center monthly. She brings her own chair and equipment and the lower cost of \$53 has enabled many people to finally afford cleanings.

LONG RANGE PLANNING

The Long-Range Planning Committee in fiscal year 2012 developed information on the type of new senior center we would like to build, including building size, site size and location, the specialized rooms that are needed and the building configuration. This information was presented to the Town Manager. In fiscal year 2013 we developed information on how to build the new senior center including funding sources, fund-raising consultants, project managers, architects, contractors and timelines. As a part of this effort we visited the new Amherst Survival Center, new senior centers in Holyoke and Northampton and one that is starting construction in Chicopee. In each of these locations we photographed the buildings and held meetings with the directors.

FRIENDS OF THE AMHERST SENIOR CENTER FUNDRAISERS

The Friends of the Amherst Senior Center held the Fourth Annual Amherst Follies, a fundraising variety show, at Buckley Recital Hall on the Amherst College campus, raising \$2300. Other fundraising activities included bake sales, a dinner at Bertucci’s Restaurant, the annual membership solicitation in *The Senior Spirit* newsletter, and the solicitation in the Town Census mailing. COA member Joel Gordon, designed and created styluses for iPad and Smart phone users. He donated proceeds of over \$1000 to the Friends from the sale of the styluses. The Friends raised a total of \$22,000 for the Amherst Senior Center in FY13.

TAX WORK-OFF PLAN

The Tax Work-Off Plan enables seniors (age 60 and above), whose primary residence is in Amherst and who meet the eligibility guidelines, to work in a Town department and receive up to a \$1,000 abatement on their property taxes per fiscal year. The work performed by Tax Work-Off participants does not replace any Town positions. Presently all 35 slots in the program are full and there is a wait list of 4 eligible seniors. During FY13 participants worked in the following departments: Senior Center, Jones Library, Munson Library, Leisure Services, and the Collectors and Town Clerk's offices. The grand total hours worked by all 35 participants was 3,474 hours with 15 of the participants donating a total of 196 hours as they each worked beyond the needed 125 hours. For the Senior Center 1,696 hours of the grand total was worked by 18 Tax Work-Off participants in a variety of programs at the Senior Center. Intake and placement is handled by Senior Center Social Worker, Maura Plante.

In FY13 approximately 12,581 hours of volunteer time was given by 291 volunteers in the following categories:

# of Hours Given	# of Volunteers
20 hours/week or more	2
5 hrs/wk up to 19.5 hrs/wk	6
1-5 hrs/wk	70
10hrs/yr to 50hrs/yr	102
Less than 10 hrs/yr	112

The value of these hours, according to the Independent Sector is \$201,296

In-kind donations represent tangible goods or services generally considered essential for the Senior Center's operations, but not paid for out of its budget. See the table looking at some FY13 in-kind donations (this list is not exhaustive.) The estimated in-kind total for FY13 is \$630,154.

In-Kind Donation	Estimated Value
Rent/Space (gross square feet=13,505)	\$152,250
Gas donated by meals deliverers, staff	\$11,249
Utilities	\$23,000
Van Garaging, Gas & Service	\$17,169
Custodial/Maintenance	\$28,762
Plowing/Outside Maintenance	\$16,607
Durable Medical Equipment	\$17,193
Computers/phones/printers/tech. support	\$41,600
Donated Goods	\$11,450
Value of Crafts Made & Sold for Sr. Ctr.	\$596
Recognition Event	\$585
Furniture/Equipment	\$12,347
Office Supplies	\$1,326
Entertainers, program expenses	\$2,150
MSC® Service Annual Fee	\$1,170
Luncheons, food for all nutrition programs	\$264,439
Cable TV Service, Golden Age Radio	\$720
Books/Videos/Magazines/Puzzles	\$1000
Piano tuning, Purchase of Piano	\$2,095
Outreach Grant	\$600
Newsletter	\$9,844
Lunch Site Director & Assistant	\$15,973
Water Cooler/Heater Rental	\$240
Equip. rental & maintenance	\$343
Craft Workers, Nursing Center Expenses	\$17,562
Amherst College Art Programs	\$5,000
Conference Fees/Membership Dues	\$1,340

Respectfully submitted,

Nancy Hirsh Pagano, Director